

PUMA TRACKS

The PTA Newsletter of Rolling Hills Elementary School

March 25, 2011 · Volume 9, Number 15

Dear Rolling Hills Families and Friends,

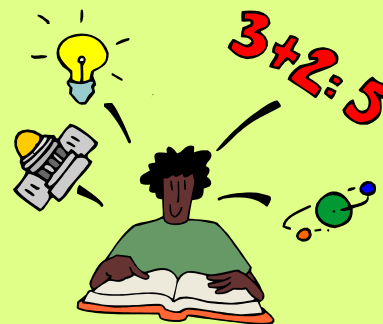
As we begin the last trimester of the school year, I would like to enlist your help and support in keeping our students motivated and engaged in their learning. As a staff, we consistently remind our students that they must take an active part in their school experience and learning. The desire to learn comes from internal or intrinsic motivation and a "can do" attitude. Please take a few minutes each day to ask your child how she/he showed motivation at school.

We know that our State standards are rigorous and in order to achieve at proficient levels, students need to be focused and engaged in the learning process at all times. This includes being on time for school each day and completing homework and reading assignments daily. Responsibility is exhibited when we do not make excuses for our choices and choose to follow expectations. Our children are very capable, and in order to be prepared for the world beyond high school they must be self-directed learners. Elementary school is definitely the time to help our children blossom into motivated students who develop a love for learning, while consistently striving to do their

personal best. We need to have a sense of urgency to make this happen for all students.

On April 19th we will begin the California state testing period for all students in grades 2 through 5. It is important for the children to have adequate rest, a good breakfast, and be at school on time each day. Parents, you can help us by being sure that your child is ready for learning every day of the school year.

Caring about our children is the most important gift we give to them each day. Helping them to understand the importance of intrinsic motivation is essential to caring about their future. When adults care, children succeed.



Sincerely,
Kathleen Marshack
Principal



We want to send a special **Thank You** to Joe San Filippo, Tammy Nguyen and the Food Services Dept. at Scripps Mercy Hospital for collecting Campbells Labels For Education for our school. The have collected over 1,000 labels!! The labels have been used to get playground equipment for our kids.

Rolling Hills Elementary School

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Rolling Hills Elementary School PTA

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HOW DOES OUR GARDEN GROW?

WHAT'S NEXT?

Well, the fence posts are up and the concrete is drying. Want to know more?

After we get the fencing sections we will install them and The Literacy Garden will really take shape.

The next step will be PAINTING THE FENCE. (phase 3, or is it phase 4?)

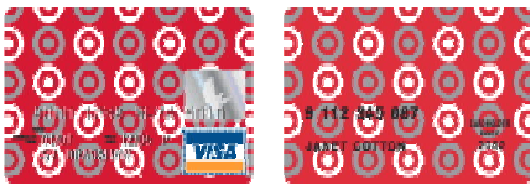
For all of you that have volunteered to help I haven't forgotten you, we'll need everybody, even Huckleberry Finn, to paint our picket fence!

-Grandpa Fred



Upcoming Events

Mar. 25 th	Jamba Juice (after school)
Apr. 4 th -8 th	Spring Break
Apr. 13 th	Dining Out Night @ Rubios
Apr. 14 th	PTA Association Meeting @ 6:30pm
Apr. 16 th	Spring Carnival & Auction 12pm - 4pm



TAKE CHARGE OF EDUCATION® DID YOU KNOW???

Target donates 1% of all Target (RED CARD) Visa, Mastercard and debit (ATM) purchases made at a Target store or at Target.com. Target also donates 1/2% of all Target Visa Credit Card purchases made outside of Target!

It's easy to sign up! Log onto Visit www.target.com/tcoe and enter Rolling Hills or school ID 34516 to view and designate Rolling Hills Elementary.

Don't have a Red Card? Sign up at www.target.com/redcard. This year to date, our school has received \$232.00!!

STOP IN FOR A TASTE OF BAJA AT *Rubio's Fresh Mexican Grill* AND RAISE MONEY FOR

Rolling Hills PTA
Support our school!



That's right, whether you eat at Rubio's, take food to go, or pick up a Rubio's a-Go-Go® catering order*, just present this flyer to the cashier and Rubio's will donate 20% of your transaction to this cause.

Please remember to turn this flyer into the cashier to receive credit

DATE:
Wednesday,
April 13th, 2011

TIME:
3:00 pm - CLOSE

AT THIS RUBIO'S RESTAURANT LOCATION:
Carmel Mountain Ranch
12002 Carmel Mtn. Road, San Diego, CA 92128

For directions visit rubios.com



- ~ World Famous Fish Tacos® ~
- ~ Marinated and Chargrilled Chicken & Steak ~
- ~ Grilled Gourmet Tacos™ ~
- ~ Street Tacos with slow-roasted pork Carnitas ~
- ~ Grilled Mahi Mahi and Mesquite Shrimp ~
- ~ Wrapsaladas® and HealthMex® Tacos and Burritos ~
- ~ Rubio's a-Go-Go® Catering Trays ~

*We request 24 hours advance notice for Rubio's a-Go-Go catering orders.



Invent Now proudly presents the wonder and excitement of the **Camp Invention** program. Led by local educators, this engaging program immerses children in grades one through six in hands-on, inquiry based activities disguised as fun! Discounts are available — register today!

Rolling Hills Elementary in San Diego
on June 13 - 17, 2011
\$25 off on or before March 30, 2011
Limited partial scholarships available.

www.campinvention.org
800.968.4332

In partnership with:
United States Patent and Trademark Office
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HELP NEEDED AT THE FALL CARNIVAL!

Can you help? We need help with setup, teardown, selling tickets, auction help, running games and etc. If you can help, even for a little while, please contact Diane Wood. Thank you!

What: Volunteers needed to help with Rolling Hills Elementary School Spring Carnival

When: Saturday, April 16th 12-4 pm

Please contact Diane at sdakwood@aol.com

Rolling Hills Spirit Items!

NEW products to include lightweight hoodies (pullover) in grey or navy, water bottles and stainless steel tumblers.

Great gifts for the student, teachers and parents!

Look for order form in Puma Tracks and front office.

EXTENDED DEADLINE—DON'T MISS OUT!

New Design!!

New Design!!



Description	Size	Price	Color	Size	QTY	Total
Youth Unisex Tee	S-M-L-XL	\$10				
Youth Hoodie, pull over	S-M-L	\$20				
Adult Unisex Tee	S-M-L-XL	\$10				
Classic Ladies Tee	S-M-L-XL	\$12				
Adult hoodie, pull over	S-M-L-XL	\$20				
Stainless steel tumbler (blue)	24 oz	\$10				
Plastic BPA-free water bottle (blue)		\$10				

Name: _____

Telephone: _____

Teacher's Name: _____

Grade: _____

Email: _____

Cash: _____ Check: _____ Check#: _____ Make checks payable to *Rolling Hills PTA*

Any questions, please contact Anne McKeirnan—anne.mckerinan@gmail.com or 858.672.1239

DEADLINE EXTENDED TO MARCH 31st!

Present

The Power of Parenting

Preparing for the Middle School And Teen Years

Jennifer Konzen, a Parent Educator and a registered Marriage and Family Therapist intern, will be presenting on topics important to many parents.

Preparing for the developmental, social, and emotional challenges unique to middle school and high school students.

Having a successful transition to middle school.

Keeping a close relationship and open communication while holding to effective consequences.

Raising a child who uses their strengths to benefit their community.

Dealing with concerns about academic success, self-esteem, peer relationships, depression, anxiety, drinking and drugs, argumentative/ defiant behavior, anger, self-harming, deceit, etc.

Seeing these years as the **A**ge of **O**ppportunity!

Jennifer Konzen, MA, MFTI #IMF 60515
G. Keith Olson, Ph.D., MFT #MFC 6022
Supervising Therapist

Thursday, April 14
6:30-8:30
Canyon View Elementary MPR