

Next Week: Feb. 4-8

Mon.	
Tue.	PTA Board Meeting 6:30 pm Room 17.
Wed.	
Thu.	PTA Association Meeting 6:30 pm MPR. Stuffed Animal Show 6:30 pm MPR.
Fri.	Chorus 1:00-2:00 pm MPR.

Future Important Dates

Wed. Feb. 13	Dining Out Day California Pizza Kitchen 11:00 am-10:00 pm.
Feb. 18-22	Washington & Lincoln Birthdays/District Recess No School.
Fri. Feb. 29	50's Sock Hop Dance. 6:30 pm MPR.
Wed. Mar. 5	Assembly: <i>Literature Alive</i> K-2: 9:00 am; 3-5: 10:00 am.
Mar. 10-14	Read-a-Thon.

PUMA TRACKS

Total school communication

Rolling Hills Elementary School

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Rolling Hills Elementary School PTA

Every Child • One Voice

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Affiliated with Palomar Council, Ninth District, CCPTS,

California PTA, National PTA

A message from the Principal

Dear Rolling Hills families and friends,

As we are approaching the last part of the second trimester of the school year, I would like to enlist your help and support in keeping our students motivated and engaged in their learning. As a staff, we have been discussing the importance of “activating the desire to learn” in our students. The desire to learn comes from internal or intrinsic motivation and a “can do” attitude. Please take a few minutes each day to ask your child how she/he showed motivation at school.

We know that our State standards are rigorous and in order to achieve at proficient levels, students need to be focused and engaged in the learning process at all times. This includes arriving at school and completing homework and reading assignments on time. Responsibility is exhibited when we do not make excuses for our choices and follow expectations. Our children are very capable, and in order to be

prepared for the world beyond high school they must be self-directed learners. Elementary school is definitely the time to help our children

blossom into motivated students who develop a love for learning, while consistently striving to do their personal best. We need to have a sense of urgency to make this happen for all students.

Caring about our children is the most important gift we give to them each day. Helping them to understand the importance of intrinsic motivation is essential to caring about their future. When adults care, children succeed.

Sincerely, Kathleen Marshack

January ACE awards announced...

Congratulations to the following students who received an ACE award from Mrs. Marshack for outstanding **A**cademics, **C**itizenship or **E**ffort at a reception in the multipurpose room. 1st Grade/J. Gray: Paris G., Madison M.; S. Herman: Aaron H., Emily K.; C. Lawless: Brandon R., Rebecca S.; Grade 1/2 K. When: Mark S., Erin Y.; 2nd Grade/B. Herman: Kiara A., Erica S.; J. Kajita: Nick A., Gates D.; Grade 2/3 P. Stahler: Paige M, Tatiana R.; 3rd Grade/K. Coate: Thomas S., Christine Y.; C. Watson: Derek B., Hannah P.; C. Young: Amy L., Mackenzie M.; 4th Grade/B. Golden: Amber R., Juviane S.; L. Mallory: Hannah R., Alexander Z.; M. Sturhann: Arielle D., Alden M.; Grade 5/T. McNaul: Gerardo B, Natalie T.; J. Walsh: Emily H., Ruffie P.

Sofia C. in Ms. Walsh's 5th grade class received an ACE award in December and was omitted from last month's announcement. Congratulations and apologies go to Sofia.

...and here are the Golden Quill awardees

Congratulations also go to this month's Golden Quill awardees for excellence in creative writing. Mrs. Marshack recognized: Kindergarten/E. Cupples: Marcus S., Jake V.; E. Tebbetts: Sebastian D., Mackenzie H., Hayden J., Dennis L., Joshua T.; S. Walker: Bobby C., Gabriel R., Stephen T.; 1st Grade/J. Gray: Rannier B., Kelly H.; S. Herman: David L., Tommy L.; C. Lawless: Dominick M., Diego M.; Grade 1/2 K. When: Taylor G., Mark S.; 2nd Grade/B. Herman: Kyle C., Brenden W.; J. Kajita: Hayla A., Ashley L.; 4th Grade/R. Golden: Audrey B.; L. Mallory: Paula P., Hannah S.; M. Sturhann: Setareh E., Sarah W.; 5th Grade/J. Walsh: Cassandra L., Megan P.



State Fitness Test. Grades 5, 7 and 9

Each year students in grade 5, 7 and 9 throughout the state participate in the California State Fitness Test. The test will be administered in the Poway Unified School District in regular P.E. class during the months of March, April or May.

The fitness test consists of three components: 1) aerobic capacity, 2) body composition, and 3) muscular strength, endurance, and flexibility. To ensure thorough measurement of all three components, the nationally recognized *Fitnessgram* test, is used to assess the following six major fitness areas, with several performance task alternatives for each area:

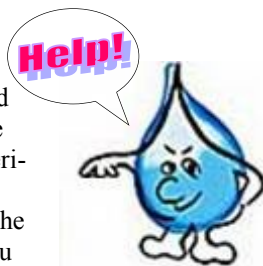
Aerobic Capacity	Body Composition
Abdominal Strength	Trunk Flexibility
Upper Body Strength	Overall Flexibility

All students in grades 5, 7 and 9 take the physical fitness test, whether or not they are currently enrolled in a physical education class. Students who are physically unable to take all parts of the physical fitness test will be given as much of the test as their conditions permit.

For more information regarding the fitness test, visit the state web site at: <http://www.cde.ca.gov/ta/tg/pf/>. Test results for the State of California and reports for all California public schools can be found at <http://data1.cde.ca.gov/dataquest/>.

News leak

Actually, it's leak news. There is a coin-sized hole in the roof of the PTA trailer outside the lunch area. With all the rain we've been experiencing, this small hole leads to an increased chance of water damaging supplies used by the PTA and Foundation for school events. If you have welding expertise and tools (or know someone who does), the PTA desperately needs you. If you can help, please contact Carmelle Remillard at 672-2784 or president@rollinghillspata.org as soon as possible. Thanks!



Gussed yet?

Run Club Contest deadline is today, Feb. 1. Have you put in your estimate of the total laps that will have been run by all students of the Run Club by the end of May? The student who comes closest will receive a special treat. Just fill in the entry form below and drop it off in the office by today, Friday, February 1. Only one entry per student please. Monthly totals up to December were published in the January 18 issue to help with your estimate.

2007/08 RUN CLUB ESTIMATE
(Turn in to the office by Friday Feb. 1)

Name

Grade Room No Teacher.....

I estimate that, by the end of May, 2008, the total laps run by all students of Rolling Hills will be:

..... Laps

It's yearbook time and we need your help

In order for each class to have its own picture collage page in the yearbook, we need a volunteer from each class to assemble it. Please contact your child's teacher, and sign up by Friday, February 8th if you can help. Don't miss a fun opportunity to help preserve your child's school memories!



This will be Julia Eaton and Karen Keefer's last of many years composing and editing the yearbook for Rolling Hills and we are all very appreciative of their efforts in providing our families with priceless memories of our students' early school years. To ensure a seamless transition to future years, we are looking for one or two volunteers to shadow Julia and Karen as they prepare this year's book and then take over next year. Ideally, our volunteers would be family members of younger students who could devote a number of years to this most rewarding of jobs that requires some time to be set aside January-June. If you and maybe a friend would like to step up, please call Julia Eaton at 672-0338 or Karen Keefer at 672-7747. Thanks!

Music to our ears

As part of the prizes from the gift wrap fundraiser, the PTA was given a DVD player, *Ratatouille* DVD and \$500 in sports equipment that included a rolling storage bag containing basketballs, kick-balls and soccer balls of different sizes and colors, all made of best quality cellular rubber.

The PTA gifted these items to the school at the last Board meeting and wishes to thank all contributors and especially Elaine Wilson, Gift Wrap Fundraiser Chair and Pam Logemann, VP Ways & Means, for all their hard work in organizing this very successful event.

Upcoming PTA Association meeting .. with a twist

The next meeting of the PTA Association will be held this coming Thursday, Feb. 7th in the multi-purpose room (MPR). The meeting is open to all families from our school, but only PTA members (that's you if you paid your \$8 dues this year!) can vote on the issues. Important items on the agenda include adoption of the mid-year audit and of the nominating committee. Association meetings are a great opportunity for members of our school community to become familiar with the workings of the PTA. If you are interested in joining a committee, but have questions about the job, these meetings also provide an opportunity for you to meet with current board members and to learn more about what they do or how you can help.

We try to make Association meetings 'kid-friendly'. Therefore, the 3rd Annual Stuffed Animal Pet Show will be held in conjunction with the Association meeting. We invite all of you to bring along your children and their stuffed animals to the event. Don't forget that only registered pets can compete; all others will be cheerleaders in the crowd.