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# ROLLING HILLS VOLUNTEERS FORM

We **need** volunteers! Many activities are planned for the upcoming year that benefit from parent volunteers and are rewarding for volunteers, staff, and students alike. Please indicate how you would like to get involved this year with the many volunteer opportunities listed below. Some require only a few hours of time.

## Volunteer Opportunities ( ✓ activities you're interested in)

### PTA Programs

- Character Counts - ongoing
- Red Ribbon Week – October
- Reflections – Spring
- Read-A-Thon

### PTA Events

- Fall Carnival - October
- Family Fun Events
- Parent Education – various times/days
- Talent Show - Spring
- Scholastic Book Fair – Fall and Spring
- Staff Appreciation – Spring
- School Assemblies – various times/days
- Stuffed Animal Pet Show - Spring

### Foundation Events

- Art Show – Spring
- Fun Run – Fall
- Casino Night/Spring Fling
- Craft Night – Fall
- Tile Party - Spring

### PTA Fundraising

- Box Tops – ongoing
- Grocery Store Programs – ongoing
- Fall Fundraiser
- Dining Out Program

### PTA Supported Services

- Health Screenings – mid-year
- Library Assistant - ongoing
- Membership – ongoing
- School Pictures – Fall
- Spirit Wear
- Yearbook – ongoing
- Laminating
- Thursday A.M. Crew
- Family Director – Fall
- Tutoring/Reading with students

### Student Awards

- A.C.E. Awards – one time/month
- Reading Olympics - Spring

### Educational Foundation Positions, Events & Services

- Grant Writing Assistance – ongoing

**I'm not sure right now, just email me when opportunities arise!**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Student's Name: \_\_\_\_\_

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We thank you and look forward to working with you. Questions?

Contact: Lydia Nash, Volunteer Coordinator (PTA) at [lydia.nash@sbcglobal.net](mailto:lydia.nash@sbcglobal.net)

Cora Shahid, Volunteer Coordinator (Foundation) at [rabianay@yahoo.com](mailto:rabianay@yahoo.com)

All volunteers must have a current TB test on file. Check for upcoming free clinic locations on the PTA website at [www.rollinghillspata.org](http://www.rollinghillspata.org). Volunteers may be subject to fingerprinting and a background check as well.

## Rolling Hills PTA and Foundation Programs

**FAMILY EVENTS** The PTA organizes events that aim to bring students and their families for some evening fun. Examples of programs that the PTA has organized for this year include the Halloween Carnival, Family Movie Nights, Stuffed Animal Pet Show, Book Fairs, and the Talent Show.

**CHARACTER COUNTS!** Character education helps students understand that our character helps us sort our right from wrong, our social and civic responsibility, and making healthy choices for others and ourselves. Many Rolling Hills teachers, staff members and parents have undergone training in the core *Character Counts!* values to provide guidance to our students in these ethical areas: trustworthiness, respect, responsibility, fairness, caring and citizenship.

**RED RIBBON WEEK** Red Ribbon week is an anti-drug abuse initiative which pursues the discussion of healthy lifestyle choices and good decision making. The program is designed to reduce risk factors and to enhance protective factors related to alcohol, tobacco, and other drug use among students.

**PARENT EDUCATION & PARENT LIBRARY** Working with the school, the PTA offers programs that address the issues and concerns faced by many parents. The Parent Library is located within the LRC features books and videos on parent-education themes.

**REFLECTIONS** The PTA organizes students' participation in the annual Reflections program, an arts recognition and achievement program sponsored by the National PTA. Reflections provides opportunities for students to express themselves creatively and to receive positive recognition for their works of art.

**ASSEMBLIES** The PTA supports school education by providing assemblies for the entire student body. Organizations from around San Diego county are invited to attend Rolling Hills to educate the students on a variety of topics.

**BOOK FAIRS** The PTA supports student literacy by hosting two book fairs annually. They are a great venue for students to browse the library and purchase books for themselves, their classroom or loved ones.

**FUN RUN** This is a fundraiser that pays for the children's PE Coach. This is an expense which is not covered by the district so we rely solely on the donations brought in through this fun event. A track is set up on the field and we have music, snacks, water and lots of running. Prior to the event each child is sent home with a pledge sheet for cash donations. We need many volunteers at all levels to run this fun, healthy event!

**TILE PARTY** This is a Foundation run event in which students, staff and Parents can take advantage of a reduced rate Tile to be placed on The Founders Wall and become a part of Rolling Hills History! The Foundation provides the tile, paint, firing of the tiles and placement of tiles on the wall outside the MPR. This is a fun event and you and your child will take pride in coming back to visit the wall year after year.

**ART SHOW** A Foundation Run event to raise money for the Arts Attack program, which again depends solely on donations and fundraising. This event is held in the MPR and it gives every student a place to display their art in a Gallery like setting. There is an opportunity to buy the art displayed on many different mediums, included but not limited to mugs, mouse pads, purses, notecards, key chains etc. This is a big event and we need many volunteers, from setting up, breaking down, working the event, donating food and water.

**CRAFT NIGHT/MAKE IT AND TAKE IT NIGHT** A family fun night put on by the Foundation where the students and parents can make holiday gifts for loved ones for a small fee. It is a fundraiser but most items cost between \$1 - \$2 to make, including candle holders, jean purses, bookmarks, bath salts, picture frames, etc- each year new and exciting crafts are added! Last year we added a Vendor side. While the children were supervised making their crafts the parents could get some early holiday shopping done as well. All vendors are local and make a donation to the Foundation to participate.

**SPRING FLING/CASINO NIGHT** The Foundations Major Fundraiser of the year! Money raised is to pay for our amazing music program and our Artist in Residence Mrs. Q! Again this is a program that is run solely on fundraising and donations- not by the district. We normally have a Gala at the Doubletree with a live and silent auction but we are thinking of doing a family style carnival where everyone can come and enjoy the food, games, classroom art, baskets and auction items.....more news to follow!