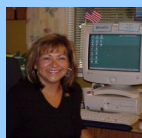


PUMA TRACKS

The PTA Newsletter of Rolling Hills Elementary School

November 19, 2010 · Volume 9, Number 7



From the Desk of Ms. Marshack

Dear Parents and Friends of Rolling Hills,

As part of our language arts instruction and learning goals we focus on helping our students to become more fluent writers and to improve writing strategies. One of the most important parts of knowing how to write well is to feel comfortable doing it. You can encourage your child to improve writing skills at home by doing the following:

- ✍ Show that you write often to make lists, take down messages, write notes to the school, and write emails or letters to friends.
- ✍ Write to your child: Put a note in a lunch bag, make a birthday poster, or send a postcard from work.
- ✍ Have your child write thank you notes and cards to friends and relatives.
- ✍ Play writing and spelling games: Have family spelling bees, do crossword puzzles, play scrabble, play waiter or waitress.
- ✍ Think of different professions and discuss how people use writing and writing skills in the job.
- ✍ Explain that math problems are a form of writing: $2 + 3 = 5$ is a sentence.
- ✍ Talk about why people write and the purpose. Are they giving step-by-step instructions, telling a story according to when events happened, describing how something looks, or trying to convince someone to do something.

The magic in writing comes from the ideas you have. Encourage your child to let ideas flow as they would if talking. The beauty of the written word is that you can always edit or go back and make changes. The important thing is to think of writing as a way to communicate and as a reflection of your thoughts.



Sincerely,
Kathleen Marshack
Principal

Rolling Hills Elementary School

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PTA
everychild.onevoice.®



Rolling Hills CARES!

Every year Rolling Hills Elementary demonstrates its generosity by donating gifts for a family in need in our school community. In conjunction with the Palomar Council PTA's Adopt-A-Family program, Rolling Hills will be collecting the essentials to help others have a festive and happy holiday season.

The Rolling Hills Giving Trees will be set up at the front and back of the school during the month of November. This is the place to pick a "leaf" from the tree and **donate a requested gift or gift card** from one of our local supermarkets or discount stores. Deliver your gift to your child's teacher or leave it in the front office.

Here's a new idea this year. Your family may want to consider adopting an individual family this holiday season. According to Kimberly Chevallier, Palomar Council PTA's Adopt A Family Chair, there was a record number of individual families asking for wish lists to adopt families last year. Parents took their kids to Wal-Mart or Target and they shopped with a wish list and a budget. Kim said parents talked about how much they appreciated the opportunity to do this with and for their children, and how much they learned together in the process.

For more information contact RHPTA Community Concerns chair Karen Arvin at 672.7717 or kisharvin@san.rr.com.



Upcoming Events

Nov. 22-26	Thanksgiving Holiday Week (no school)
Dec. 3	Jamba Juice Sale (Outside of MPR) \$3 ea.
Dec. 3	Foundation Craft Night
Dec. 17	Jamba Juice Sale (Outside of MPR) \$3 ea.
Dec. 18	PTA Gift Wrap at Borders
Dec. 20-31st	Winter Break
Jan. 3rd	School resumes



2010-2011 GATE Testing Information

Gifted and Talented Education (GATE) involves services for students whose cognitive needs may require modified classroom curriculum and instruction to accommodate their learning differences and ensure their achievement. Parents may request GATE testing for students in grades 2-7.

<u>Test Date</u> <u>(Only 1 test opportunity</u> <u>this school year.)</u>	<u>Request Submission</u> <u>Window</u>
<p>Monday, January 10 – Thursday, January 13 @ each school site during the school day. <i>*Each school will determine their testing date(s) within this 4 day window.</i></p>	<p>October 1 – November 30, 2010</p>

To request GATE testing for your child, complete a *GATE Parent Questionnaire/Test Consent* form online through the PUSD GATE webpage (<http://www.powayusd.com/Depts/LSS/GATE/>), or in your child's school office. *Requests for GATE Testing will only be taken during the request submission window dates.*

If you have questions, please contact your child's school office.



COMEDY NIGHT A HUGE HIT!

Comedy Night was a HUGE success- a great time was had by all. The comics were straight out of Hollywood and the raffle prizes were a hit. The BIG winner was Sally Gannon- she is now the proud owner of the second Foundation Parking spot! Be sure to congratulate her when you see her around campus!

CRAFT NIGHT— DECEMBER 3RD

Craft Fair is coming up Dec 3rd from 5pm—8pm. We still have a few vendor spots open. This is a great opportunity to take care of some Holiday Shopping (and support the school) while the kids do crafts. This year we have a large variety of vendors including but not limited to- jewelry, purses, candles, rocks and gems, makeup, and Scentsy.



SPRING FLING —WATCH FOR MORE INFO!

Lastly, keep on the lookout for info regarding our biggest fundraiser of the year- The Spring Fling!!! This event is taking the place of Casino Night this year. It will be an all ages event to include the silent and live auction and more! This is a not to be missed event!

Can you help? Contact the
Foundation at
christina@prudentialsd.com or
619-200-3133



\$\$\$ for our school!

Thank you for helping! Every Box Top is worth \$0.10.
Just clip and turn them into the Office or Teacher.

National PTA Reflections Program "Together we can . . ."

The *National PTA Reflections Program* is an arts recognition and achievement program for students. The *Reflections Program* provides opportunities for students to express themselves creatively in six arts areas and receive positive recognition for original works of art inspired by a pre-selected theme. The theme this year is "Together we can . . ."

- * Greyson J. - Film
- * Hayden J. - Visual Arts
- * Lexi R. - Visual Arts
- * Zohair M. - Visual Arts
- * Andrew O. - Photography
- * Angelica A. - Literature
- * Aysha S. - Literature
- * Brent I. - Literature
- * Djimie A. - Literature
- * Andrew C. - Literature
- * Hayato H. - Literature
- * Jaden C. - Literature
- * Jake F. - Literature
- * Jenny B. - Literature
- * Julia E. - Literature
- * Kendall M. - Literature
- * Kristen S. - Literature
- * Luna L. - Literature
- * Michi W. - Literature
- * Morgan F. - Literature
- * Payton S. - Literature
- * Trinity B. - Literature
- Rafael A. - Literature
- Samuel S. - Literature
- Pauline B. - Literature
- Kyle W. - Literature
- Joshua L. - Literature

* Participants that have advanced to Palomar Council PTA

**HAVE FUN,
RAISE MONEY...**
Make a Difference

Chevys
FRESH MEX

**Please Join Chevys At
Our Fundraising Event For**

Rolling Hills Elementary PTA

Invite all of your friends and family to dine with us and Chevys will donate of the proceeds to our fundraising partner!

DATE: Wednesday, December 8th
TIME: 11:00 A.M.– 8:00 P.M.
ADDRESS: 11630 Carmel Mountain Rd
San Diego, 92128

*It's just our way of giving
back to the community!*

Recycle Your Cell Phone ~ It's An Easy Call!

Did you know that more than 100 million cell phones are used annually? If we recycled all of them, we would save enough energy to power 18,500 US homes for a year! Do you have an unused cell phone?

When you recycle your unused cell phone you are helping the environment by saving energy and keeping reusable materials out of landfills. Precious metals, copper and plastics from cell phones can be reused saving the energy required to mine and manufacture them. When put into landfills, cell phones release lead and cadmium as they breakdown creating air and water pollution and greenhouse gas emissions.

Please donate your used cell phones and batteries. Ask your family, friends and neighbors to donate their used and unwanted phones.

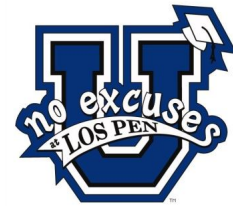
A collection box is located on campus near the "lost and found" and inside ESS.

[www.epa.gov/
cellphone](http://www.epa.gov/cellphone)

ReCYCLE it's an easy call.
YOUR CELL PHONE.

**You can make a difference,
don't stash or trash it – recycle it!**

Los Penasquitos Parent University 2010-2011 OPEN TO ROLLING HILLS PARENTS!



Attend *one* or *all* of the sessions. All sessions will be held at Los Penasquitos Elementary from 6 to 8 p.m. These sessions are free and registration is not required.

Wednesday, December 8 **Developing Responsibility and Consequences**

Learn strategies to help develop responsibility in your children. Explore the four "R's" of consequences, related, reasonable, respectful, and revealed.

Wednesday, January 19, 2011 **Sibling Rivalry**

What is sibling rivalry? What causes sibling rivalry? Learn strategies to help your kids get along better.



Developing Capable Young People Five Week Workshop Series

This workshop equips parents with skills and strategies to maximize their child's potential. Parents will be challenged to think about characteristics they would like for their children, such as responsibility, resourcefulness, high self-esteem, and self-discipline.

Wednesdays 6:00 – 8:00 p.m. **2/23, 3/2, 3/9, 3/16, 3/23, 2011**
Free to Los Pen and Rolling Hills parents